

WELCOME TO OUR TEAM!

OUR NEW FULL TIME ASSISTANT COACH



Coach Jack Martell

Jack began his rowing journey in middle school on a little club team called Freedom Rowers in Easton, Maryland. He rowed there through high school and then rowed four more years at Middlebury College Crew, serving as a team captain in his senior year. He couldn't stay away from rowing for long after college, and his latest rowing adventure was in the Alumni 4+ at HOCR 2025. His love for the sport is based on the community that builds around a common goal, the culture of choosing to do hard things with your friends, and the goal of constant improvement. He is excited to help cultivate these things at IRC!"



We are excited to welcome Jack Martell to our team. Please help us give him a warm welcome. He is already making such a positive impact on our community.

UPCOMING DATES

April

- **1st** - MACRAs - hosted at IRC
- **11th** - Juniors @ Cincinnati High School Invitational

- **12th** - Juniors @ Cincinnati Sculling and Collegiate Regatta
- **13th** - Board Meeting 6pm*
- **24-26th** - Juniors @ Dogwood Junior Championship

May

- **2-3rd** - Indy Sprints (Juniors) - hosted at IRC
- **11th** - Board Meeting 6pm*
- **16-17th** - B1G Championships - hosted at IRC
- **16-17th** - Juniors @ Midwest Junior Rowing Championship

June

- **8th** - Board Meeting 6pm*
- **11-14th** - Juniors @ Junior National Championships
- **20th** - Indy Sprints (Masters) - hosted at IRC

*Board Meetings are held monthly, and all are welcome to attend. Location isn't provided here, as it changes on occasion, and sometimes the door is locked. Please email [here](#) if you'd like to attend a meeting so we can get you info! We'd love to see you at these meetings, it's a good way to learn more about IRC.



The Competitive Team had a great opening weekend at the Sarasota Invitational Regatta in Sarasota, FL on March 1st. Each of our 13 athletes came home with at least 1 medal. It was a great way to start the season, and the excitement of getting back on the water is strong! Interested in getting on the water? Beginners are welcome to join our Spring Adult Learn-to-Row Clinic beginning on March 30th. Check out our website or reach out to Coach Madison for more information.

Youth and Adult Rowing Updates

All of our teams are back on the water and looking good. It was a rough start for our Juniors and Masters, with some very windy and cold, even snowy, days in their first two weeks back, but this past week has been much nicer waters and warmer temps and the meters on the water have been good for all. Our Middle School team began their Spring Season practices this week and we have a great mix of returning and new rowers. The extended docks, new launches, and implementation of iCrew is helping our busy boathouse and all 5 of our current teams practicing stay organized and functional while getting the best use of the practice time and space. All crews are looking forward to a great season!

Our Youth Summer Rowing registrations are now open! We have Learn-to-Row and Advanced Camps for rising 6th-12th graders (who are brand new to rowing or currently on our Middle School Team) and Junior Summer rowing is for rising 10th-12th graders who have rowed at least one season on our high school team. Please [email](#) Denise Bain for more details.



Looking good in those matching jackets, ladies!



REGISTER NOW!

ROWING

for Beginners



Join our Adult (18+)
Learn-to-Row Clinic
for just

\$399
For 8 lessons!

Every Mon &
Tues,
6:30-8:30 PM
3/30-4/21

Space is limited.
Sign-up today to
reserve your spot.

INDYROWING.ORG

Come Join Our Team!

There's still time to register for our Adult Learn-to-Row clinic that starts next week!

[Register Here](#)

Do you have old IRC Gear?

Do you have any old (usable) IRC gear (unis, splash jackets, tshirts, sweatshirts, etc) laying around that you no longer need? Do you want that closet space back? [please send us a message](#) if you have IRC gear that we can take off your hands!

Coach Marr's Corner

Volunteering

Volunteers are a critical component of all regattas. Our sport's sustainability and success rely heavily on these dedicated supporters, who help ensure that our rowers, teams, coaches, spectators, and more have a safe, fair, and rewarding experience. Whether you are a seasoned rower yourself, or just hearing the word regatta for the first time, volunteering at a regatta is a fun and unique way to volunteer, spend time outdoors in a beautiful park and experience something new!

A huge thank you to our Volunteer coordinator Liz Butts for putting these sign-up geniuses together. The Links are below with the with event dates. Please take the time to look through the various events and jobs and see where you or someone you know may be able to lend a hand. Each job role is listed with the experience level required. Many require no previous experience, and there are a handful of jobs that require a special set of skills.

Each regatta day is generally broken into 2 shifts, a morning, and afternoon shift, with about 30 minutes of overlap to make sure the position is never vacant. If you would like to volunteer all day (WOW THANK YOU!), you can certainly sign up for a morning and an afternoon shift despite the 30minutes of overlap time.

Finally, after you sign up, you will get job specific instructions from the regatta about 2 days before the race, and then there will be someone to answer any questions or provide training the day of as well!

Thank you in advance for helping make another great regatta season at IRC!

MACRA: Midwest Club College Teams

-4/26 - Set up

-4/27: Race Day

[Sign up here!](#)

Indy Junior Sprints: Middle School and High School Rowers from the Midwest.

-5/1 Set up

-5/2: Race Day Sculling

-5/3 Race Day Sweep

[Sign up here!](#)

Women's BigTen Championships: BigTen Teams racing for the championship and the right to compete at the NCAA championship.

5/11 Set up

5/12 Set up

5/13 Set up

5/14 Set up

5/15 Official Practice Day

5/16 Race Day Heats and Practice

5/17 Race Day and Awards

[Sign up here!](#)

Indy Summer Sprints : Adult athletes from the Midwest and South East.

6/19 Set up

6/20 Race Day

[Sign up here!](#)

Reflections after my first Year:

On March 5th, 2025 I left my family in an empty house after moving across the country a few days earlier, and I started working at IRC. My wife sat on the bare floor, with no furniture, with no car, with a 3 month old and a 2 year old on her lap, and started counting down the days until our stuff arrived from Seattle. It was opening day, and it started first thing by helping Danny bulldoze our docks into the water, thinking "that cant be good for them." Opening Day this year was a fun time to reflect on the progress we have made at IRC in the last year. I had a moment on opening day this year, before anyone came to the boathouse to look around....I was proud. The docks were in. The course had its first line and laterals floated. All 9 lunches had their engines on, legal registration, were fully stocked with safety gear, and working. All the electronics were ready. Radios were ready for coaches and coxswains. Every boat was rigged and ready. The bathrooms were clean, heated, and had running hot water. The boathouse was clean and organized. There was no mouse poop, there was no trash. The parking lot was ready for hundreds of cars to flow through. The fence lines no longer looked like a "back 40 junk yard" of old broken boats and trailers. All the ergs were back and ready for the grind. Hardware and tools were standardized and available. All Private Rack fees had been paid. IRC was ready to welcome hundreds of people with a shared love of rowing, working hard, and being outside for 2026!

I also got to reflect on the people I have met and worked with over the last year. The IRC community welcomed me and my family before we even arrived. Angelia and her family graciously provided us with groceries and borrowed sleeping gear and folding tables from the IRC community well before I had learned anyone's name. I have worked side by side with many of you, moving heavy things, working in rain, mud, snow. We have cleaned up poop from many creatures. Rigged and unrigged, Loaded and unloaded the trailer endlessly during regatta seasons. We met each other in the dark at 4am on regatta weekends, and celebrated at Ricks at the end of a long weekend. I have driven some of your cars and trucks to run errands. We have collectively, slowly, improved the operations of IRC.

This is a wonderful community to be part of. Our Youth athletes are kind, respectful and fun loving. Our Adult community is welcoming and supportive and incredibly generous with their time and resources. There will always be problems to solve, and in 2026 I know we will be solving better problems and I am thrilled to be part of such a great community and thank you all for your support!

Seeking a Medical Doctor to serve for both Saturday 5/16 and Sunday 5/17/ This volunteer position would be on site in case of an emergency to coordinate the various team athletic trainers and the 4 person EMS boat team we will have on site for the race days. If you are interested, qualified, or know someone who is, please let Chris Marr know!

Boathouse Bulletin Contributions

We'd love to hear your stories and share your photos! If you have something you'd like included in a future Boathouse Bulletin or Social Media post, [please send us a message](#) so we can see how to best utilize your contributions.



You may notice our new logos and some new looks around our boathouse, on our social media, and even in our team spiritwear store. Master Rower, and very talented Graphic Designer, Kristi Thomas has been beneficial in making this vision come to life and we are so grateful for her services and sponsorship. Please consider using her for all your graphic design needs!

Interested in getting your company name prominently placed at our venue?

We have team and venue sponsorships opportunities available. Send an [email](#) to learn more about this great investment in our community! Sponsorships are a great way to get your business in front of thousands of people. We have a variety of levels. Contact us today!

Don't want to miss a thing? Be sure to give us a follow on all our social media accounts by hitting the buttons below.



Our Contact Information

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P.O. Box 53223
Indianapolis, IN 46253
317-991-1829
<http://www.indyrowing.org>

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